



# The Parkwood Post

Senior Living Apartments • Villas • Patio Homes For Sale

## Summer Birthdays

Remember to wish these residents a Happy Birthday!

7/1 - Betty D.  
7/1 - Gerry P.  
7/5 - Dolores K.  
7/5 - Jennifer W.  
7/5 - Mary F.  
7/6 - Bessie M.  
7/6 - Pat T.  
7/10 - Viola D.  
7/12 - Jeanette L.  
7/14 - Jim T.  
7/17 - Miguel B.  
7/18 - Gloria B.  
7/21 - Jack C.  
7/25 - Lois W.  
7/26 - Marion H.  
7/26 - Agatha C.  
7/27 - Barbara L.  
7/27 - Kay M.  
7/27 - Daryl C.  
7/29 - Bruce P.  
7/30 - Jane C.  
7/31 - Mabel S.  
7/31 - Elva L.  
8/9 - Dora S.  
8/9 - Carol B.  
8/14 - Beatrice A.  
8/15 - Millie M.  
8/18 - Margaret F.  
8/18 - Barbara P.  
8/21 - Edward S.  
8/26 - Jacob P.  
8/28 - Marcella J.  
8/30 - Walter K.  
8/30 - Barbara C.  
9/5 - Margaret S.  
9/6 - Ronald W.  
9/7 - Ray B.  
9/10 - Gert E.  
9/12 - Mary V.  
9/19 - Beverly W.  
9/22 - Florence P.  
9/24 - Beryl G.  
9/29 - Dottie B.

## Good Things Come to Those Who *Don't Wait*

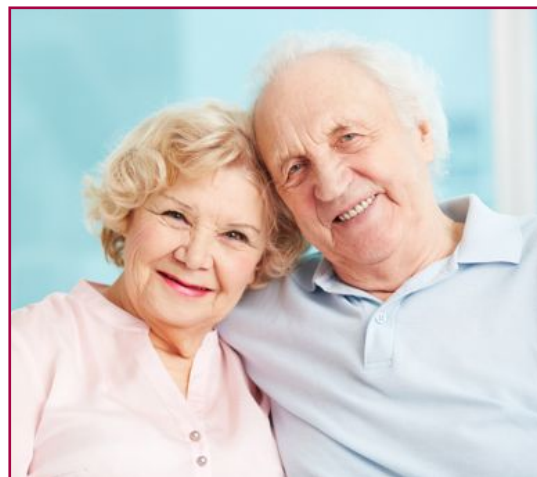


**Sharon Weinel**  
Executive Director

Are your children trying to convince you to move to a place where there are people around if you need them? A place where you can get your meals prepared for you when you don't feel like cooking? A place where you can enjoy life instead of worrying about lawn mowing or snow removal? A place where you can maintain your independence while being part of a community? Are they suggesting you move to a retirement community? Lucky you if this is the case because obviously your children care about you.

So many retirees today tend to wait too long to make the decision to join a retirement community. Unfortunately, they wait until an event such as a fall happens or some other crisis occurs before they start looking at their options. A decision made during time of crisis is often not the same decision that would have been made when life was stable, mostly because there are not as many options available at that point. This is the main reason to NOT wait until other people are making your decisions for you or you have no options!

It costs nothing but your time to start learning about retirement communities and



how they can benefit you. Retirement communities are not nursing homes. Find out for yourself. If you begin your research early, while you still have your health, you have more options and can make the choice you feel is best for you. At Parkwood Heights for instance, we have villas available for those people who still want to maintain a certain level of independence – yet have the security of knowing there is a staff person available 24 hours a day if you need help. The villas are a great place to start to experience a retirement community. Our current villa residents were happy to share their thoughts with you. See page 2.

We also have Independent living apartments to rent as well as Assisted living apartments to rent and Patio Homes for sale - which makes something for everyone! It will be well worth your time and will offer you peace of mind to know what your options are.

Please feel free to call me with any questions you may have about Parkwood Heights or Senior Living. I would be happy to give you a tour or help you in any way possible to find what you are looking for.

# Villa Life

*People ask us about “Villa life” all the time. We have made many attempts to describe what it is like to live in the villas, but never really seem to do it justice.*

*So, we asked our villa residents to talk to us about villa life – and this is what they had to say.*

“Villa life is worry free. The idea of no housing maintenance, no mowing, no snow removal and being near our son was what we were looking for. In the villas, we discovered roominess that attracted us immediately and the front porch completely sold us.”

- Tom & Nancy S

“Moving to a Villa has given me a feeling of security that has allowed me to maintain some privacy. There is staff available 24 hours every day if we need help and wonderful neighbors who look out for one another.”

- Josephine G

“The Villas are the perfect size. I didn’t feel like I was downsizing because there is so much room. I was looking for maintenance free, secure living and I found it.”

“The Villa is like having my own home in a wonderful secure neighborhood. The rooms are large, the porch is wonderful and I like having a garage. I also enjoy having the ability to socialize if I want to. I am not alone unless I want to be.”

- Eunice B.



*“When social security kicks in, and the pensions begin  
And you want a place to retire –  
Hustle on over to Parkwood Heights, a place that is most desired.*

*The staff, oh so nice with smiles on their faces  
Make you feel right at home.  
And when you get antsy and feel like a walk, there are many acres to roam.*

*Parkwood is where all the action takes place.  
There is always something to do.  
Great dining, good friends and outings galore  
Plus weekly trips to the store for you.*

*Villa living is great – all the room you require.  
A garage for your car, a den and a porch ...  
And room for your washer and dryer.*

*Parkwood Heights is the way to fly. I’m telling you this cause I know.  
My mother, Eunice, lives there and when I visit her there, I really don’t want to leave.*

*All I’m saying is this ... if you’re going to retire, and you like things to do,*

*Parkwood Heights Senior Living Campus is just the place for you!”*

*Kent Collier*

## The Doctors are In...

**Please Call the Medical Center at 315.589.4641**

*When scheduling, please specify that you would like an appointment at Parkwood Heights.*



**On Site  
Weekly  
Lab  
Service**

# Fun Activities and Resident Trips



## Patio Homes & Villas

**Parkwood Heights** offers the perfect lifestyle choices to meet your needs. If you are looking for a Luxurious Patio Home either to purchase or lease; or to lease a Villa, the Campus has a full complement of amenities.

- Step free interiors
- Porches
- Attached garages
- Full use of the Community Center complete with Fitness Center, Library and much more
- Over 100 activities a month
- Parkwood Heights Park & Fishing Pond
- Walking trails
- Full service Fireside Dining Room
- Would you like to purchase a Patio Home and keep cash for retirement/eliminate mortgage payments?



*Call today for your appointment and let Parkwood Heights start "Your New Tomorrow"*



## Parkwood Heights Senior Living Campus

1340 Parkwood Drive

Macedon, NY 14502

Just minutes from Fairport & Victor

315-986-9100 or 585-223-7595

E-mail: [PWH@parkwoodheights.com](mailto:PWH@parkwoodheights.com)

[www.parkwoodheights.com](http://www.parkwoodheights.com)



**Apartments and Villas for lease • Patio Homes for sale**

Call for more information regarding our Independent lifestyle choices & Assisted Living Program

# Parkwood Heights Senior Living Campus – Assisted Living Program

In addition to our Independent Living lifestyle, Parkwood Heights apartments offers a higher level of care that is built in. Residents who need more help - such as medication management, 24/7 aides on duty, transportation, emergency response systems, meals, reminders — can find it here all under one roof. Residents will receive the appropriate assistance they need, whether it's special needs, or they just want the security afforded by our team of professionals.

## Services Include:

- Medication & Wellness Management
- Case Management
- 24 hour Personal Care Aides
- Assistance with Dressing, Grooming & Bathing
- 24 hour Emergency Response System
- Cueing & Reminders
- (3) Nutritious meals daily
- Personal Laundry Service



**Call Us Today For More Information About Our Assisted Living Program at (315) 986-9100**